

Flamberge

Third Quarter; July, 2012



The official newsletter of the Barony of the Flame

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Calendar of Upcoming Events

July

02: Louisville Stuff & Nonsense hosted by the Baron & Baroness (7-9pm)

06-08: Push for Pennsic (Lebanon, OH)

08: Fighter Practice (Flightline Gym - UofL Belknap Campus)

10: Scribal Night hosted by Mistress Bianca (7-9pm)

13-15: A Simple Day in the Country (Trafalgar, IN)

19: Radcliffe Stuff & Nonsense hosted by Mistress Bianca (7-9pm)

22: Fighter Practice (Flightline Gym - UofL Belknap Campus) **Baronial Meeting CANCELLED for July*

July 27– August 12: Pennsic War XLI (Slippery Rock, PA)

August

July 27– August 12: Pennsic War XLI (Slippery Rock, PA)

12: Fighter Practice (Flightline Gym - UofL Belknap Campus)

14: Scribal Night hosted by Mistress Bianca (7-9pm)

16: Radcliffe Stuff & Nonsense hosted by Mistress Bianca (7-9pm)

26: Baronial Meeting & Fighter Practice (Flightline Gym - UofL Belknap Campus)

September

03: Louisville Stuff & Nonsense hosted by the Baron & Baroness (7-9pm)

07-09: Harvest Days and Tournament of Chivalry (TOC) (Pleasant Hill, OH)

09: Fighter Practice (Flightline Gym - UofL Belknap Campus)

11: Scribal Night hosted by Mistress Bianca (7-9pm)

20: Radcliffe Stuff & Nonsense hosted by Mistress Bianca (7-9pm)

22: Rose Tourney (Lexington, KY)

23: Baronial Meeting & Fighter Practice (Flightline Gym - UofL Belknap Campus)

29: Coronation

October

01: Louisville Stuff & Nonsense hosted by the Baron & Baroness (7-9pm)

09: Scribal Night hosted by Mistress Bianca (7-9pm)

12-14: Rendezvous at the Bridge XXIII (Lincoln City, IN)

14: Fighter Practice (Flightline Gym - UofL Belknap Campus)

18: Radcliffe Stuff & Nonsense hosted by Mistress Bianca (7-9pm)

20: Fall Crown Tournament (Sparta, MI)

28: Baronial Meeting & *Baronial Championships* (Flightline Gym - UofL Belknap Campus)

Sewing nights are being hosted by Lady Ellowyn Kittel on Friday nights at 7:30pm. Please contact her for info & directions.

Weekly Fighter Practice

Every Tuesday at 7:30pm

Flightline Gym, University of Louisville Belknap Campus

For more information, visit our website at www.baronyoftheflame.org



From the Baron and Baroness

Greetings,

Summer is here, and we all know what that means: water, sunscreen, and Pennsic. We will be camped on the Serengeti in Dragon's Claw (NO1, down from the A & S tents), stop by and visit. If you plan on marching in Opening Ceremonies with us, let us know. Its always an honor to lead the Barony as we represent the Middle Kingdom. The more the merrier!

Semper ardens,
Erick & Camilla

Seneschal

To the populace:

Thank you for your continued support of the Barony in all things. The time to start planning Christmas Tourney is nearly upon us. If you are interested in doing so, please contact my deputy, Ellowyn, as I will be mostly out of contact until after Pennsic War due to my current employment. To those of you who are going to war, be safe and bring honor to yourselves, your houses, your Barony and the Midrealm.

In service,
Dovaidu maqqas Bagnaidi

Exchequer

Greetings all!

I trust the heat of the past few weeks has not been too difficult to bear and that everyone is looking forward to Pennsic with much anticipation! There have been no changes to the balance of the Barony of the Flame's coffers. I hope this report was not too boring. Live, love and laugh as much as you can!

Lady Honor von Atzinger

Arts & Sciences

Greetings unto the Barony of the Flame!

Arts and Sciences continue throughout our Barony. I urge the populace to enter items at the A&S display at Pennsic. We have many talented people and the world should know it! I hope you all are having a safe and wonderful summer! I am at camp until August but will remain in contact for those who wish to reach me.

In Service,
Lady Maiosara Sauromatis



Chronicler

Greetings unto the Barony of the Flame,

I am enjoying my time working on the *Flamberge*, and I hope you enjoy looking through it and reading what our members have contributed. I truly cannot do this without the participation of members of the Barony, and I appreciate all of those who have responded to my call for information.

The photos on the cover are from the Baronial Practice on Sunday, June 10th. We practiced some melee maneuvers in preparation for Pennsic. The potluck and garb swap was a success, so thanks to everyone who joined us on that lovely day.

Finally, as always, please feel free to contact me if you have something to include in a future edition of the *Flamberge*.

Yours in service,

Lady Marissa von Atzinger

Chatelaine

Greetings to all Baronial members!

I wanted to extend my personal thank you to all those who attended the garb swap/potluck/melee practice! We were able to garb 5 members and enjoyed a great practice and delicious fare. This month we also welcome back three former Barony of the Flame members, and it's so exciting to see these new/old faces!

Christmas Tourney planning is right around the corner, so please be thinking of ways you may wish to help out! Like retaining? Does cooking strike your fancy? Dust off that marshaling authorization or join in the foray! We want to put the Barony's best foot forward! Look for information about available opportunities to serve at this event or future demos on the Flamebridge list serve or at the monthly officers meeting (all are welcome). Also, think about bringing one new person to the event with you, this is a great way to promote the SCA!

More information to come on Southwest Festival and Irish Fest demos.

In service to the Midrealm, proud member of the Barony of the Flame,

Lady Eleanor von Atzinger

Mistress of Youth

Greetings:

It is time to prepare for children's activities at a few upcoming events. There will be children's activities at Rendezvous at the Bridge in October, and we have many youth activities planned for Christmas Tourney. For Christmas Tourney, we would like to organize a scavenger hunt, have numerous A&S activities, and youth fighting. If you would like to donate prizes for youth fighters, please feel free to contact me. Spread the word!

Lady Arite Sauromatis

CAMPING PREPARATION FOR SUMMER EVENTS, ESPECIALLY PENNSIC!

By Bianca Rosamund di Firenze

Shelter:

Period Tent and/or Day Shade:

Pros: canvas stays cooler than nylon, is less likely to leak, looks good, gives a period ambience to your camping area, can be painted to personalize and decorate, sides can be opened for ventilation.

Cons: it is expensive to purchase (look for end of season clearances or used tents), is large to store, heavy to transport, needs long poles and ropes, needs to be waterproofed and maintained, mended as needed, must be dried out before storing. Canvas can be chewed on by mice, so store away from vermin. Does not have floor, so will need a tarp for the floor area. It is more open to the elements and insects.

Non-Period Tent:

Pros: inexpensive to purchase, small and light to store and transport. As it has built-in screens, will keep out many insects.

Cons: gets very hot during the day. Can leak, and may need to be waterproofed. It is more fragile and will wear out after a few seasons. Does not look period and does not enhance the look of the camp. A tarp under the tent will help with ground water.

Tent Set-Up:

Under a shady tree is nice for comfort, especially with a nylon tent. However, tree limbs can drop and damage the tent, and there is more danger during a storm. Level ground is best. Sweep the area for rocks and twigs for a smooth base. Make sure you have plenty of rope, stakes, a hammer, stake puller, and work gloves.

Tent Furnishings:

Basic: a folding cot and air mattress with cordless pump.

Better: a break-apart framed bed. This is more comfortable, but also more expensive to purchase or build, heavier and larger to store and transport.

Bedding: one or more pillows, one set or more of bedding, depending on length of camping and your opportunity to do laundry. Dirty, sweaty bedding can be smelly and uncomfortable. Several thin blankets are more adjustable for various temperatures than one heavy blanket. Some prefer sleeping bags, which give extra warmth, or nice cushioning when laid out flat.

Storage: a take-apart clothing rack sets up easily, keeps

clothes available to use or air out after use. Clothing and bedding should be transported in plastic tubs. These are lightweight, waterproof, keep out dust and vermin, stack and transport easily. I like to have a plastic, three-drawer nightstand, for lamp, clock, storage of small items, socks, etc.

Clothing: several sets of clothing in several weights. Light cotton tunics, loose pants and bog-dresses are comfortable in hot weather. Don't take camping anything that cannot be washed. Camping is notably dusty and can be muddy. Pennsic weather is unpredictable, so plan for hot, cool, rainy, dusty, dry, and some pleasant and mild weather. Large hat to keep off the sun. Cloaks and shawls are needed for cool evenings. Shoes and sandals must be sturdy and very comfortable for lots of walking. Flip-flops to go to the shower.

Other Equipment: folding chair(s), bench(es) and table(s), for the tent and for the fire circle and/or dining tent. A small, light chair is nice to take to courts or classes. Period wooden chairs are beautiful, but can be expensive and heavy. If using an obviously modern chair, cover it with a cloth or sheepskin. Nice to have: a rubber mat outside the tent to scrape off excess dirt before stepping inside. A broom, to sweep out the tent. A small wastebasket or garbage bags. A lantern on a pole outside the tent is nice for the evening. Nice to have: candle lantern or oil lamp for period lighting in the evening. Need to have one or more flashlights, and battery light for tent interior. Never use a fire or oil lamp inside a tent!!! Fire is a real danger. Have a fire extinguisher. A battery operated fan helps a lot on hot days. Have extra batteries for all equipment. Need several towels, and a folding drying rack. Nice to have: a washable rug. Musical instrument, if you play. Books and notebooks for classes. Scribal materials, as last minute help is often needed. Goblets, plate and bowl, utensils, even if your camp has disposable dinnerware. A small cooler, and cloth to cover it. Your personal banner to decorate your tent or the camp. Rain poncho or umbrella. A plastic tub, for washing, or cooling. A camera!

Fighters:

Armor and armor repair equipment, rivets, leather, cording, hammer, pliers.

Health and Comfort:

Wear a hat or carry an umbrella to keep off the sun. Head wraps and veils also help. Sunglasses. Fans. Wear sunscreen. Mineral-based sunblocks are more protective than

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chemical-based, which wear off, sweat off, and can be irritating. Insect repellants come in many forms, herbal or chemical. I prefer the milder, less toxic herbal formulas, which can be found at health-food stores. I have used Buzz Away and Neem Aura. Natural repellants: lavender, cedarwood, lemongrass, eucalyptus, mint, and rose geranium essential oils, citronella candles. Sprinkling a mixture of coffee and cinnamon around your tent will help to keep out ants. Have needed prescription medicines, eye drops, contact lenses, and cleansing solution. Shampoo and conditioner and soap. Deodorant. Pain medication, Band-Aids and antiseptic. Anti-diarrhea medication. Sunburn lotion. Baby wipes are nice for cleansing off between showers.

Most Important in Hot Weather:

Drink lots of plain water, even if not feeling thirsty. Electrolyte liquids like Pedialyte help dehydration. Orange slices, pickles and salty foods help with salt balance. Tea is a diuretic and should be drunk sparingly before bedtime, and alcohol does dehydrate, so be moderate with these. Sekanjabin (vinegar and sugar-mint beverage) is refreshing. Put cool wet cloths on neck or inside tunic from time to time. A fan/mister is very pleasant. Nice to have: durable snacks, mints, gum.

Signs of Heat Exhaustion:

Dizziness, stomach cramps, heavy sweating, weakness. Get to a cooler or shady place. Get off excess clothes. Run cold water on wrists and arms, or put cold wet cloths on neck and arms and legs, if possible. Lie down. Drink cool water and/or electrolyte liquids. Have salty food. If possible, put feet in a tub of cold water. Cool down extremities and gently cool core.

Signs of Heat Stroke:

If sweating profusely, you suddenly stop sweating. This can be life-threatening. Get first aid help, if possible, at least do the steps above.

Sanitation:

Portajohns vary in cleanliness. Have hand sanitizer and a pack of cleansing wipes with you. If the portajohn is far from your camp, you may wish to have a tent potty for emergencies. Hand-washing is the single best defense against illness. Always cleanse your hands before eating or handling food!!! If you are in another camp and are not certain of the safety of the food or drink, be cautious rather than sorry.

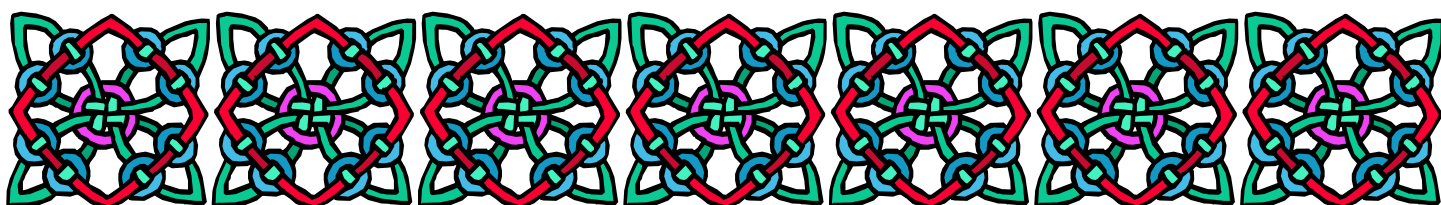
To Enhance Your Enjoyment:

Read the handbook on battles, classes, performances, exhibitions, meetings, events and merchants to plan your days and experience all that you can. Volunteer to help in some area, troll, A&S, or water-bearing... for only with volunteers can large events take place. You will meet interesting new people and know you are being useful. This absolutely pertains to your own camping group as well. Help with set-up, keep the camp tidy, take away a full bag of garbage when you see it, help with meals and clean-up, and take-down, and leave your personal area clean. If you have special talents, share them. Play your musical instrument, sing, participate in the music and dance groups, teach, and learn a new skill.

You will be living close to many people. There will be noise of parties, drumming, snoring. Bring earplugs if you must have quiet. Schedules change, weather can be very uncomfortable, and tempers can flare. Be patient, considerate, and forgiving. Most people are honest, but be careful and keep your money and valuables safe. Avoid walking alone at night in dark places.

Bring some money and a credit card, but the more basics you have with you, the more money you will have for those really special, wonderful, must-have creations. There is plenty to choose from, so be sure to look at many merchant booths. Some of the best moments are priceless: jokes and laughter around the campfire, visiting old and new friends, a thrilling battle, colorful ceremonies and courts, wonderful performances, a late night walk under the stars, and morning mists in the valleys.

Summer camping can be challenging, but also great fun and enjoyment.



Tips and Tricks for Pennsic

- Submitted by Baroness Camilla

This is my 25th Pennsic. I have now spent over six months there. There are a few things I pack every year. Depending on the weather, they may or may not be used, but I never regret bringing them.

- ♦ Silk sweat pants: Cut out the acetate lining. They make great pajamas, keep you warm under a skirt, and stop chafing. If you can't find silk pants, look for silk boxers. Thrift stores, less than \$5. Check the pants, pajamas, sweatpants, and lingerie sections. They could be anywhere.
- ♦ Rubber gardening clogs: Perfect for the shower or that rainy day around camp. Some styles look vaguely period.
- ♦ Rubber boots in general: Lots of cute ones around now. Check tack stores for rubber riding boots that meet the five foot rule (if it looks period at five feet, it's okay).
- ♦ Boy scout mess kit: This is all the kitchenware you really need. Most thrift stores have them for less than \$5.
- ♦ Instant tabouli mix: Add a tomato, a can of tuna, put in the cooler, and lunch is ready when you stagger back from the woods battle. Ask Erick.
- ♦ Poptarts and peanut butter: The Poptarts carry the protein (pb) to your mouth. The breakfast of champions when you add a banana, ask Erick.
- ♦ Individually wrapped moist towelettes: Portajohns. Need I say more? Keep a few in your pouch.
- ♦ A flashlight you can hang around your neck, clip to your belt, or set on the toilet paper dispenser: Again, need I say more?
- ♦ Peel and stick foam: So you won't hear that slamming portajohn door at 3 am. Earplugs don't solve everything.
- ♦ String bags: Better looking than plastic.
- ♦ Large trash bags: If you can't get your luggage off the ground, BAG IT! Nothing attracts rain and tent leaks like unprotected luggage.
- ♦ Label your tarps: i.e. 15' and an arrow, so you won't spend 10 minutes in the sun trying to figure out which side is the long side.

WHAT YOU LEARNED AT PENNSIC:

Aidan Blackstone:

"Pennsic taught me...." To always bring a spare air mattress and to keep a change of clothes/socks/shoes in the car for the ride home.

"I remember that one time at Pennsic...." I found a groundhog hole in camp and used it as a shower sump. It never did fill up.

"To prepare for Pennsic...." I unpack then repack the trailer.

"This year at Pennsic I plan to...." Not have as much fun, as I don't think I'll be able to fight this year.

Kith Gigs Dellinger:

"Pennsic taught me...." To keep an 'If found, please return to Duke Brannos, Midrealm' tag on me all the time.

"I remember that one time at Pennsic...." When my buddy, a Duke from out East, took me for a grand tour meet and greet. We got served so much food and booze and massages...best ever.

"To prepare for Pennsic...." I try to acclimate to the heat and monitor fluid intake.

"This year at Pennsic I plan to...." Abuse Chiv that I haven't met out on the pickup field.

People You Know in the SCA...

- Submitted by Baroness Camilla

You know you've met this guy, or he's a friend of a friend.

Name:

Ragnarr, Finvarr, Tyvar, Akbar, Palymar, Talymar, something Scandinavian that ends in -ar.

General description:

Tall, thin, dark hair, facial hair varies. If he re-enacts other time periods, a beard or moustache may come and go. Probably wears glasses. Careless about wearing a hat at events, so his face is usually sunburned. Used to drive a really crappy car, but his job situation and therefore his car has improved. Has used his shield as traction to get his car out of mud/snow/ice after the weather turned nasty at that event out in the boonies. You know, the one at the Boy Scout camp. Owns a literal ton of books & DVDs.

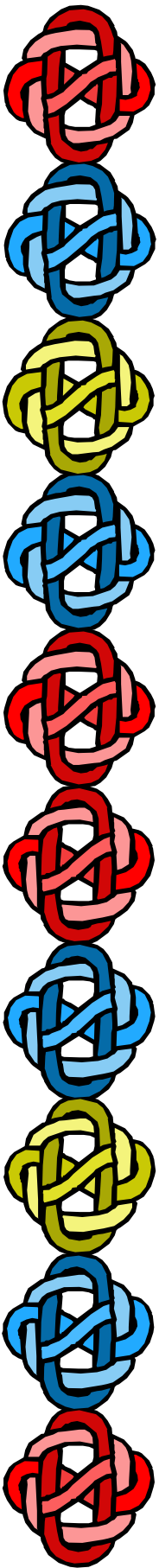
This lady is usually the first A & S person you meet.

Name:

Rhonwen, Bronwen, Branwen, Arwen, Gwendolen, Caitlen, Carlen, Madeline, or any other Celtic feminine name that ends in -en.

General description:

Long straight hair parted in the middle, no bangs. Wears contacts, not glasses. Keeps at least two cats. Generally wears 1350's and looks very period in it. Has a Masters in Education or Library Science, or maybe it's Library Science Education. Knows the difference between S-twist and Z-twist, how to do a burn test on a swatch, and how to warp an inkle loom. Owns six large storage boxes of linen, silk, and wool fabric, three of linen, silk, and wool yarn and thread. Always willing to teach a fiber arts class, and has participated in a Sheep to Shawl marathon.

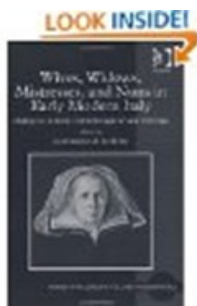


New Additions to the Bridwell Art Library

- Submitted by Cordelia

The Bridwell Art Library is located in Schneider Hall (across the parking lot from the Flightline Gym on UofL's Belknap Campus). The library is open to the public for viewing, and is equipped with two color scanners and a black-and-white copier. You can scan images to your email for free, or pay \$0.15 per page for black-and-white printing.

Summer Hours: Mon-Fri 8:00am-5:00pm; Sat 10:00am-1:00pm; Sun closed. Call 852-6741 for exceptions.



Wives, Widows, Mistresses, and Nuns in Early Modern Italy (Women and Gender in the Early Modern World) by Katherine McIver

Through a visually oriented investigation of historical (in)visibility in early modern Italy, the essays in this volume recover those women-wives, widows, mistresses, the illegitimate - who have been erased from history in modern literature, rendered invisible or obscured by history or scholarship, as well as those who were overshadowed by male relatives, political accident, or spatial location.

The Medieval World by Philip Steele

Heraldry, knights, castles, battles, hawking and hunting, sieges, and holy wars -- it's all here in this fascinating book that takes readers back through the centuries to medieval times. Fans of the chivalrous age will learn how a young page trained for knighthood, what it was like to ride into battle, how a castle was equipped for a siege, and much, much more.



The Renaissance Portrait: From Donatello to Bellini edited by Keith Christiansen and Stefan Weppelmann

Essays by leading scholars provide a thorough introduction to Renaissance portraiture, while individual catalogue entries illustrate and extensively discuss more than 160 magnificent examples of painting, drawing, manuscript illumination, sculpture, and medallion portraiture by such artists as Donatello, Filippo Lippi, Botticelli, Verrocchio, Ghirlandaio, Pisanello, Mantegna, Antonello da Messina, and Giovanni Bellini.

Anglo-Saxon Art: A New History by Leslie Webster

The seven centuries of the Anglo-Saxon period in England, roughly AD 400-1100, were a time of extraordinary and profound transformation in almost every aspect of its culture, culminating in a dramatic shift from a barbarian society to a recognizably medieval civilization. This book traces the changing nature of that art, the different roles it played in Anglo-Saxon culture, and the various ways it both reflected and influenced the changing context in which it was created.

