



Flamberg

The Official Newsletter of the Barony of the Flame

From the Baron and Baroness

Greetings to the Magnificent Populace of the Barony of the Flame!

We are entering the warmer months of the year and that means War Season! With the temperatures on the rise, please make sure you are getting enough water and taking time to rest in the shade at all events you attend. Spring is a great time to think about conditioning and working up to being in armor all day in the sun. We look forward to seeing all of our companions on the field! Baron Jaime will soon be in talks with the Baronies various households, regarding fighting as a unit during one of the Pennsic battles this year, any and all members of the Flames Armored combatants are encouraged to join in this unit and fight under the Flames banner. More information will be sent out in the next few months. As many of you may have seen, Border Raids has moved about four hours south of the Glendale location this year. For those of you who will be attending, Baron Jaime will be setting up a Barony of the Flame presence and invites all of those who attend to share in space and comradery.

We are fortunate to have been given the opportunity to run the Martial Royal University of the Midrealm (RUM) this year, and we are excited about its new date in the beginning of June! It is an event that many in the Kingdom look forward to; we are proud of the tradition of excellence that you have established. Dame Marissa will be running the auction this year and we are accepting donations for the silent auction at this time. This is usually a fantastic auction full of beautiful wares! This year the proceeds will go to constructing 2 complete sets of loaner armor with any remaining funds being allocated to the general funds. We hope to have two new full sets to better accommodate the influx of new members we have had recently and will discuss armor options at our June meeting, after the event.

Continue to encourage, to grow, and to help all of our members live their dream, Incendo!

Baron Jaime and Baroness Eleanor

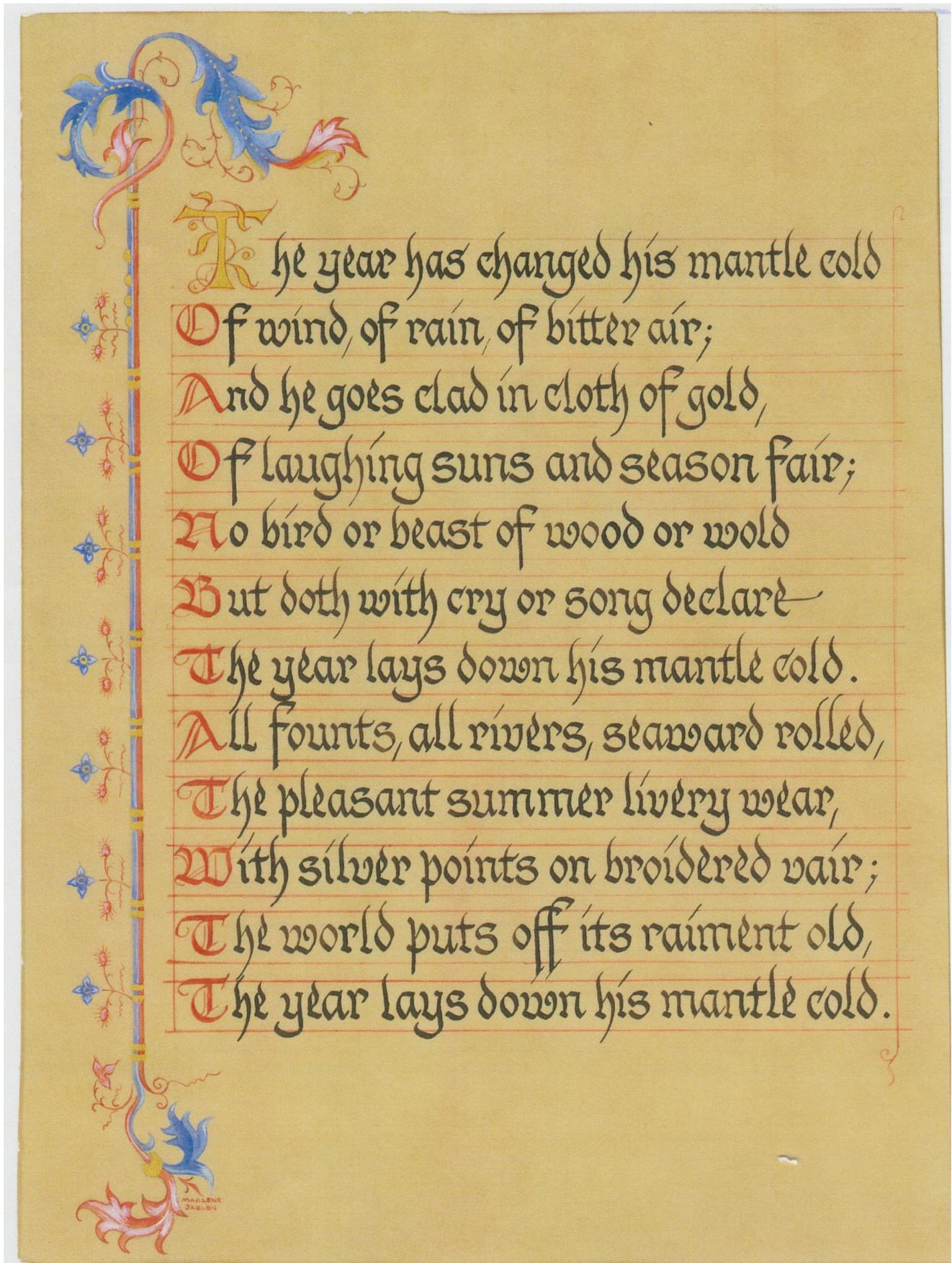
Photo from the travels of
Dame Marissa and Sgt. Gustav von Atzinger

This is Burghausen Castle in Germany, dating to at least
1025. It is the longest castle in the world at 1,043 m.

Photo Credit: Dame Marissa von Atzinger



"The New-Liveried Year," poem by Charles D'Orléans (1394-1465)
Illumination by Mistress Bianca Rosamund



From the Seneschal

Greetings, Barony!

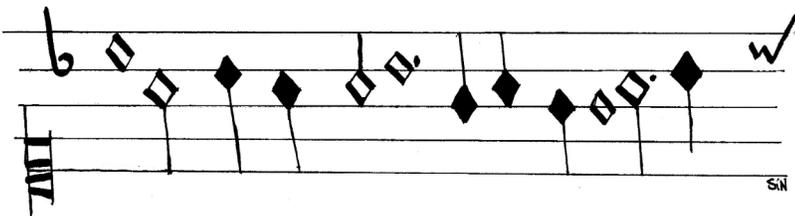
Spring has sprung and that means that our hobby is about to get busier! Hopefully you got to spend some time during the winter months to work on projects to prepare for war season. Our Barony is talking about all sorts of fun things for this year, including shadowing positions at events, working on new Champion Regalia, monthly A&S classes, Nights with Knights, and some big events. South Oaken Regional A&S is April 22nd. Martial RUM will be held in the Barony June 3rd. There are rumors of a new event this fall if all goes according to plan. And then we'll have Christmas Tourney!

With all of the event excitement for the Barony, our Baron and Baroness had a great suggestion. For 2017, event positions should have someone shadowing them to learn about the roles required to make an event run. For some of the larger roles, like event steward, we would like to see a first-time steward partnered with a seasoned event steward. We run some great events, but we need to allow new folks to serve in positions so it isn't the same person expected to run troll, or serve luncheon, etc. at every Baronial event. But pairing up, it allows for a positive learning environment and some great problem-solving capabilities. To ensure that volunteers know what they are expected to do to fulfill their event role, we are also working on a standard event form with descriptions and expectations clearly stated.

I will leave you with a friendly reminder to send me any Baronial Charter updates or addition proposals. I think the June Baronial Meeting is a good deadline for the initial run of changes. We can review them at the June meeting, publish them in the July and October newsletters, and vote on them at Baronial 12th Night next winter.

In Service,

Dame Marissa von Atzinger



From the Exchequer

Greetings to the Barony of the Flame!

Our Baronial account has \$14,650.00!

As spring comes upon us, we are gearing up for a season of activity. First will be our spring A&S, with several of our barony members participating. The next will be our annual Marshall Rum. Please get with the people who are running these events to volunteer your time, because it takes the volunteers to make the event successful.

Speaking of volunteers, I am very happy to announce that I now have a deputy Exchequer! Lady Anushka Rudhair has honorably stepped up to fill that role. She will begin training soon and will be taking over for me sometime next year. Thank you so much Lady Anushka for volunteering your services!

Incendo!

Mistress Ellowyn Kittle von Drachenstein

To their most gracious excellencies Jamie and Eleanor von Atzinger, keeper of the Flame of the Midrealm, his fellow countrymen, and to the lords and ladies all who might read these words—Lord Ceadda of Fox Hall sends his humble greetings and hopes of wellness.



I must tell, dear friends, of a most extraordinary event I was witness to since last I had the opportunity to write to you, my dearest ones back home. The city of Eoforwic where I now dwell in pursuit of my studies at the King's Manor house, why it was invaded! A month past now a hoard of Vikings ascended upon this fair city by the hundreds and the streets were choked with the traffic of it all. By the many blessings of the Saints, no one was killed, as least not completely killed. I suspect the local lords here welcomed them, as they brought an influx of wealth into the city. They even opened up several markets in which I myself must confess partook of the strange and exotic goods they brought forth. I was later given to understand that this invasion was more a kin to an annual event. It was a sight to see, to be sure. There were strangely painted ships with crested dragon heads, warriors in bizarre clothing and armor with peasant-feather crests from someplace far to the east, contests of strength and even one contest dedicated to the vanity of men's beards. Even I took part in that latter one, though I was not deemed pretty enough to warrant a trophy. I suspected at first that it may have been prejudice for my foreign status, but the large young warrior who won had traveled from far-away Atenveldt! Perhaps the most memorable day of this invasion was when one of the Viking skalds, Einar Selvik, world-famous in these lands, played his lyre and pipes and sang great songs of his ancient gods and glorious kings. It was truly wonderful.

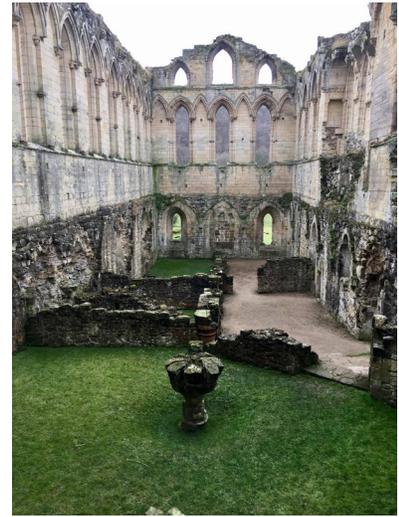
After such distraction, I've found it difficult to concentrate here on my studies. Many of my fellow students were likewise distracted. Sensing this, our instructors took us traveling through Yorkshire, to expand our studies beyond the classroom. In a very short time I traveled to Scarborough, the site of the Great Fayre. It is a city on the seaside with a magnificent castle perched high upon a rocky headland. We also examined the remains of the former monastery of Rievaulx nestled in a misty valley, and the mysterious village of Wharram Percy, once a prosperous town that disappeared without explanation.

Alas I must put aside this letter if it is to make it aboard the next ship that travels across the sea to you. Also, my task-masters here at the university demand my attention and my analysis of my time here. As always I long for home and family and hope that all of you are as well as you can be.

Farewell.

Lord Ceadda of Foxhall

Photo Credits: Lord Ceadda of Foxhall



From the Hospitaller

Greetings,

I want to say a huge thank you to everyone in the Barony. We've had a number of new people ask questions on our Facebook page and the outpouring of support and knowledge has been awe inspiring. The illustrious Honor von Atzinger has also been hard at work and organized an artisan demo at the Frazier Arms Museum on March 11th. She is also seeking artisans to demonstrate their arts at a local mini-ren faire on Saturday, May 13th.

In Service,

Sgt. Rodrick Hart



From the Mistress of A&S

Greetings to all!

It's finally Spring! We are all steadily moving towards our Arts & Science Faire and I know many of you are working on your entries. I want to thank everyone who offered to participate in the Frazier Museum demo. I was contacted by them and they were very excited with the demo and would like to have us come back!

Our monthly classes are in full swing. For April we have our very own Chivalry offering classes on each Tuesday of the month. Mistress Tink will be teaching a class on how to enter and judge an Arts & Science Faire.

I look forward to this season! As always if you have any questions feel free to contact me!

In Service,

THL Sgt. Honor von Atzinger

People of the Flame

What was the first SCA event you attended? What inspired you to continue?

My first REAL SCA event was twelfth night in the barony of the Fenix 2016. What really got me hooked was my immediate acceptance as "one of the family" and being called up in court to be recognized as a newcomer. –Kyle of the Fenix

My very first SCA event was out in Yakima, WA back in 1987. What inspired me was watching a bridge battle that was actually fought on a foot bridge. A gentleman fell over the railing. He fell about a total of 10 ft, and he landed right at my feet. When I asked if he was ok, he was laughing and said yes. I was authorized to fight in May 2001. -Lady Bera Anushka Raudhar

My first event was Rendezvous 2012. I've always loved history, and always found myself asking "I wonder what it must have been like to experience daily life, wear armor, and fight in historical battles." I really enjoyed the William Marshal tourney because it gave me a chance to meet so many wonderful people as well as to fight and learn at my own pace, but it was the melees that really got me hooked. It was a dream come true to experience battle tactics first hand. In those moments, all the battles I had read about came alive. Afterward, the group I was fighting with, The Brotherhood of Steel, sat down and analyzed the battles and discussed the tactics and execution of said tactics. It was in that moment that I knew this was definitely a hobby for me.

– Sgt. Rodrick Hart

The first event I attended was Border Raids in 2010. I liked joining with my best friend and being able to plan/project with her. What I still enjoy is having my best friend there and also all of the amazing people I've met through the SCA.

- THL Honor von Atzinger

My first SCA experience was a fight practice at Michigan State University in 2001. I had just transferred to MSU and a friend of mine said he was part of a group that put on armor and fought with swords. I had to go and see it for myself. So I went with my friend to the gym where it was being held. When the doors opened up it seemed like a medieval training ground. It was like one of the fantasy books that I'd been reading since middle school had come to life. I knew that the SCA was something I wanted to be part of. Heavy fighting was something that I would love. In my heart I'm still that kid, donning armor and sword, fighting for honor and glory. –Sgt. Criomhthann CuRua

The first SCA activity I attended was Riviere Constelle shire meeting, 2008. My boss, at the time, had invited me to a "belly dancing class." Having just moved to a new town with hardly any friends, I jumped at the chance to do something different and meet new people. Little did I know, it was actually an SCA meeting and they were planning on teaching belly dancing that night. When I arrived at the meeting, everyone not only greeted me with open arms, but they opened up my eyes and mind to this amazing organization and all of the charm that comes with learning about the SCA for the first time. I remember that, because of my arrival, the business meeting went on fairly longer than it should have, and we never did get to learn belly dancing that night. I think everyone was alright with it, though as they were eager to tell me everything about SCA. The biggest shock was learning that the SCA existed on such a large scale and I had no idea about it until I was 24. Everyone was so nice, and welcoming; telling me all about events, arts and sciences, projects, war. I knew that I had a chance to be a part of something amazing with wonderful people, and I jumped in wholeheartedly and never looked back since.- Lady Onora inghean Roibeaird

Edgar von Drachenstein and Issabella Oger of Bucky were inducted into the Greenwood Company at Gulf Wars.

The award is for those that have shown excellence in two of three areas of archery; skill, service and the arts and sciences

For Forester Edgar and Forester Bucky, Huzzah!

Photo Credit: THL Edgar von Drachenstein



From the Knight's Marshal

Greetings Barony,

Practices have continued as normal. Several fighters have begun experimenting with rawhide weapons. Our rapier population is increasing. With Martial RUM approaching the barony will soon play host to fighting peers from across multiple kingdoms.

Sir Cedric Adolphus

Have you heard about the Flamma Scholares Series?

Our MOAS, THL Honor von Atzinger, has set up classes throughout the year that will highlight a specific art or science. The classes can be attended in person and they will be recorded. The videos will be uploaded to YouTube, and available on the Barony of the Flame channel.

The month of *April* brings “**Nights with Knights**” where Sir Jaime teaches the **7 Virtues**, Sir Cedric teaches **Buckler Class** and Sir Axel teaches **Fighting Fundamentals**. Mistress Tinker will also offer a class on how to **Enter and Judge the Arts & Sciences Faires** just in time for our regional faire.

Coming in *May*, Lord Ceadda will teach us some amazing **History on location from England!** The art of **Creating Silk Banners** will be taught by THL Emer.

In *June*, there will be a **Scribal Symposium** where participants can learn the scribal from the talented Mistress Bianca. Forrester Edgar will also teach **Combat Archery Basics**.

July will bring us a class in **Basic Leatherworking** led by Master Aeric Orvender. Just in time for Pennsic, THL Sgt. Honor will provide a **Basic Sewing** class for garb needs.

For *August*, there will be on site **Pennsic Tours** for new folks!

September will have an **Intro to Harp** with Mistress Illyana and **Woodworking** with Sir Axel.

Because it is getting cold outside in *October* – THL Emer will provide instruction on **Nalbinding** techniques.

November brings the “**Peer series!**” Knights, Laurels and Pelicans talk about their journeys and answer questions about their experiences in the SCA.

Recipe: Chicken Pastry in the Lombarde Style

Ingredients:

2 pie crust, recipe of your choice.

Filling

The meat of 1 small roast chicken, diced.

6 strips of thick cut bacon, cooked but not crisp.

1 egg.

Vertjus*, 2 large spashes (about 1/2 cup).

Pepper, fresh ground, to taste (Lots is tasty).

Submitted by Baroness Eleanor von Atzinger,
and based on her 14th century food research.

*Vertjus is sour green grape juice and can be purchased
online.

Directions:

Roll out pasty crust into 2 rounds, to make bottom and top crusts for the pastry. Form the bottom crust into a pie pan.

Stir together diced chicken, bacon, egg, pepper and vertjus in a bowl. Pour the filling onto the bottom crust. trim the excess edges of the lower crust.

Cover the pastry with the remaining round of crust, trim, and then pinch the edges of the top and bottom crust together to seal.

Bake in the oven at 425, Cook until the crust turns a deep golden brown and the lovely aroma fills your kitchen (about 25 minutes).

Serve warm or cold

Artisans of the Flame

Some of the recent A&S projects by the populace of the Flame.



Lady Isobel Inghean Alexander

Celtic inkle weave. Cotton threads. 31 strands total across, pattern consists of 6 rows.

Photo by: Isobel Inghean Alexander



Mistress Ilyana Ekaterina Yosipovna

3 1/2 foot tablet weave in cotton

Photo by: Mistress Ilyana Ekaterina Yosipovna



Lord Daffyd von Atzinger

Card woven trim, 6m, 3/2 bamboo yarn, in the Oslo narrow band 1 pattern.

Photo by Lord Daffyd von Atzinger



Mistress Keeley the Tinker

Getting ready to make a custom sword bead

Photo by: Mistress Keeley the Tinker



THL Sgt. Honor von Atzinger

Landsknecht Captian America. Made for a garb challenge - Heroes and Villains.

Photo by: THL Sgt. Honor von Atzinger



Baroness Eleanor von Atzinger

Weaving

Photo by: Baroness Eleanor von Atzinger



THL Emer von Atzinger

Appliquéd under tunic for HRH

Photo by: THL Emer von Atzinger



Sgt. Criomhthann CuRua

16th Century beer and Mead

Photo by: Lady Sadb ingen Neill



Lady Sadb ingen Neill

Skyr and whey fermented vegetables

Photo by: Lady Sadb ingen Neill



Thomas Mac Finn

15A rattan waster and experimental HDPE "15B waster" swords.

Photo by: Thomas Mac Finn



Baron Jaime von Atzinger; Sir Cedric Adolphus and Sgt. Criomhthann CuRua

Rawhide Weapons

Photos by: Sgt. Criomhthann CuRua

This is the handout from the first class in the Barony of the Flame, Flamma Scholares Series.

A video of the class detailing the art of decorating pysanky eggs, taught by Mistress Bianca Rosamund di Firenzi, can be found on the Barony of the Flame YouTube channel at <https://youtu.be/WubS6xsV78A>

Pysanky

Pysanky are decorated eggs made in the Ukraine. The word is from pysaty, to write, for the designs written on the egg. Pysanky is plural. One egg is a pysanka.

In pre-Christian times, the Ukrainians, like many ancient people, worshipped the sun. The sun warmed the earth and was the source of all life. Eggs were chosen for sun worship ceremonies. The yolk represented the sun and the white represented the moon. The decorated egg was a benevolent talisman, representing the triumph of life over death, and spring over winter, signifying hope, happiness and protection from evil. Over time, the designs and colors used took on symbolic significance.

Children received light and colorful pysanky. Teenagers got eggs with much white for the pages of their lives yet to be written. Married couples, hospodari, received forty triangle eggs, for the many facets of life. Old people received dark eggs, with belts, ladders and gates, representing heavenly bridges.

Designs evolved over time, and after the introduction of Christianity, many symbols took on Christian meaning, while many of the old customs and beliefs still continued. Originally a celebration of spring, pysanky became part of the Easter rituals.

Spring in the Ukraine does not come without a struggle. When the first vegetation fills the fields, shepherds gather flowers and weave vinky (garlands) and place them on the heads of all the animals with horns. Young maidens wear beautiful vinok, flower garlands, in springtime and at celebrations and at their wedding.

A Ukrainian woman making pysanky was supposed to be in a perfect spiritual state of mind. Women of the family worked together after the children were asleep, for the purpose of making pysanky was to transfer goodness from the household to the designs and push away evil. Fresh eggs were gathered from hens where there was also a rooster, for it was believed that if pysanky were made on non-fertile eggs there would be no fertility in the house. The process took several evening.

Pysanky eggs were not boiled. To write designs on the eggs, a kistka was used. This was a slim copper funnel attached to a wooden handle. The kistka was warmed in a candle flame and then it would scoop up shavings of beeswax. The filled kistka was warmed again in the candle flame until the wax melted. The flowing wax was drawn on the egg. The heated wax turned black from candle soot, so it was easy to see where the design was being drawn. The kistka was warmed again as the wax cooled. Various sizes of kistka gave wider or narrower lines. When all the design intended to be left white was done, the egg was dipped in the first color. Again the process was repeated, and the egg would be dipped in the second color. Usually the process would work from lighter to darker colors. At the end of the process, several layers of color would be on the egg, and several layers of dark wax. Then the entire egg would be carefully warmed in the side of the candle flame (not over it, for then it would be blackened with soot), the softened wax wiped off, and the beautiful multi-color design would be revealed.

Finished pysanky were given to every person, priest, children and elders. Unmarried girls gave them to eligible men in the community. Some were taken to cemeteries for family graves. An egg was placed beneath the beehive to encourage a good harvest of honey. Eggs were even taken out to the grazing animals.

Single-colored eggs called krashanky were also made. Unlike raw pysanky eggs, these were hard boiled, and often dyed red. During Easter these would be the first food eaten to break the long fast of Lent. Games were played with these edible eggs, egg rolling competitions, or egg tossing. Shells of krashanky were thrown in the garden and placed in the chicken coop to encourage fertility. For good luck, shells were also thrown into streams.

Colors and symbolism

White – purity, unwritten page of life.

Yellow – made from onion skins, bark of wild apple trees, buckwheat husks and lilac flowers. Signified the moon and stars, harvest, and wisdom.

Green – made from winter rye, wheat, various grasses and leaves. Meant spring, rebirth of nature, and wealth of plants.

Blue – sky, magic, and good health. From marrow or logwood.

Orange – power, endurance and ambition.

Red – favorite color, means sun, happiness in life, hope, and passion, nobility, bravery and enthusiasm. Made from red onion skins, raspberries, rosehips, beet juice.

Brown – positive symbol of earth and mountains and harvest. Made from oak bark, tea or coffee.

Purple – royalty, faith and trust.

Black – darkness before dawn.

Black and white – protection from evil.

Multi-color eggs have more power than single color. A four-colored egg would signify family harmony.

Story eggs and symbolism

Sun – source of light and life. Favorite symbol.

Star – success. Later, Christianity.

Birds – spring, good harvest, pushing away of evil, fertility, fulfillment of wishes. Often, only part of the bird is shown. Hen's feet signify protection of young. Goose feet represent the spirit. Rooster's comb signifies masculinity.

Heart – symbol of love.

Fruits and vegetables – a good harvest, a good life.

Flowers – wisdom, elegance and beauty. Leaves and flowers suggest growth and life.

Wheat – life's work. Rakes signify agriculture.

Spiders – healing powers and good fortune.

Animals – deer and horses denote wealth and prosperity. Ram's horns denote strength, leadership and creativity.

Ladders signify ascent to heaven.

Forty triangles – the many facets of life, the forty days of Lent.

Circles – the most significant and powerful symbol for protection. Eggs decorated with many belts were used as protection from family betrayal.

Sky, sun, moon, stars – dots and small circles represent stars and constellations.
Trees, often shown by leaves and branches, signify good health, strength and youthfulness.

Vinok – garland, is a favorite and called vinochok.

Heaven's gate – with pine needles.

Crosses – Christianity.

Grapes – originally good harvest, now good fruits of the Christian life, communion, loyal love.

Bees – hard work and pleasantness.

Snakes – mystical power of protection.

Fish – helper in fairy tales, later, symbol of Christ.

Water – providing wealth.

Meander – eternity and everlasting life.

Diamonds indicate knowledge.

Nets – anciently, knowledge and motherhood. Later, fishers of men.

The history of the pysanky echoes a people who respected nature and worked hard to survive. Designs were intimately related to the greeting of spring. They were an art form available to all, and embody the philosophy of protection. When a young woman got married, she took a pysanky to the ceremony and carried it in her skirt. When a baby was born, neighbors included pysanky with their gifts of honey and milk, for they wished the child to be as round and smooth as an egg. References to pysanky are found through songs, customs, sayings and folk tales, and the ancient tradition continues to this day.



Left: Mistress Bianca says the Ukrainian Gift Shop is an excellent source for pysanky supplies.

Right: Eggs made by Mistress Bianca, who has over 20 years of experience in the art of psyanky

- Bianca Rosamund di Firenze



Left Photo by THL Sgt. Honor von Atzinger

Right Photo by Baroness Eleanor von Atzinger

Pyanky!

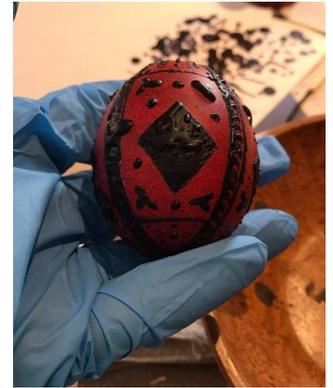
Photos from the March 27, 2017 Flamma Scholares class.



Adding wax to the egg with a kistka
Photo credit: THL Sgt. Honor von Atzinger



Psanky supplies. Candles, dye, wax, kistka.
Photo credit: THL Sgt. Honor von Atzinger



Designs are sketched in wax
Photo credit: THL Sgt. Honor von Atzinger



Dying the eggs.
Photo credit: Dame Marissa von Atzinger



Removing the Wax.
Photo credit: Dame Marissa von Atzinger



Coated with many layers of wax
and dye.
Photo Credit: Baroness Eleanor von Atzinger

Pictured on the Right:

The pysanky eggs completed by participants in the Flamma Scholares class.

The eggs are presented on a variety of stands provided by Mistress Bianca Rosamund di Firenzi.

Photo credit: Dame Marissa von Atzinger



From the Chronicler

Populace of the Flame,

I am so excited about the current issue of *The Flamberge*! Look what we have created together! Thank you so much for your continued submissions to the newsletter. Please keep submitting your photos, recipes, garb tips, resources for new fighters, writings, poetry, articles about A&S projects and period life. If it is flat, and related to the SCA...send it!

I hope to continue *People of the Flame* and *Artisans of the Flame* as ongoing features. My vision for the *Flamberge* is a newsletter that celebrates the people of the flame. I hope you have enjoyed this edition as much as I have.

Yours in service,

Lady Sadb ingen Neil



Weekly Practices

Tuesday Nights

Heavy Weapons, Fencing and Choir Practice

7-9pm at Frost 6th Grade Academy / Stuart Middle School
4601 Valley Station Road, Louisville, KY 40272

Artwork in this issue by Mistress Bianca Rosamund & Lady Sadb ingen Neill

Calendar of Upcoming Events

April 2017

- 1st-Grand Tournament of the Unicorn
- 8th- Grand Pageant TOC and Ball
- 22nd- South Oaken A&S Regional
Faire
- 27-30th- Blackstone Raid XXVI

May 2017

- 6th - Spring Coronation
- 13th- May Day at Fenix
- 19-21st- Border Raids
- 27-28th- Spring Crown Tourney
and Kingdom A&S

June 2017

- 3rd-Martial Rum
- 9-11th- Northern Oaken War Maneuvers
- 23-25th- Baron Wars 19
- 30-2nd- Simple Day in the Country.

July 2017

- 7-9th- Push for Pennsic
- 29-13- Pennsic 46

The Officers of the Barony of the Flame

Baron & Baroness of the Flame:

Sir Jaime & Dame Eleanor von Atzinger
(Jaime Haley & Erin Fortney)
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Chronicler:

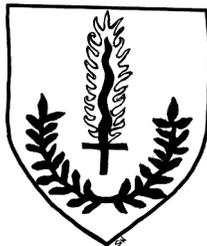
Lady Sadb ingen Neill
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Mistress of A&S:

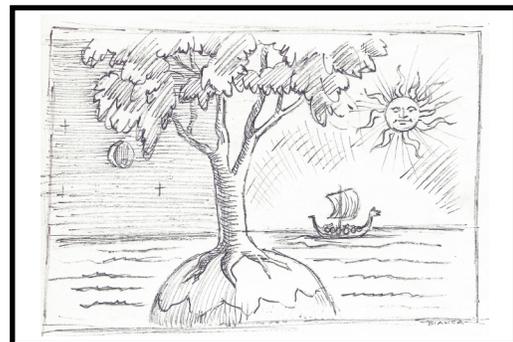
THL Honor von Atzinger
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Mistress of Youth:

Lady Evelyn von Atzinger
(Kristi Montgomery)
children@baronyoftheflame.org



Baronial Champions



Heavy Weapons:
Sgt. Criomhthann CuRua

Arts & Sciences:
Lady Sadb ingen Neill

Archery:
Lord Edward D' Aubernay

Rapier:
Baroness Camilla de la Reynarde

Baronal Bard:
Lady Dulong March

Youth Archery:
Lady Elise Kittel

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